



Frictionarts

The Edge
79-81 Cheapside
Birmingham
B12 0QH

Tel: +44 (0)121 772 6160

E-mail: info@frictionarts.com

Web: www.frictionarts.com

3 Minute Heroes

To Whom It May Concern,

Friction Arts and Blue River have worked together to deliver art based programmes to disadvantaged young people aged 14 – 16 in Birmingham. The project aims to promote involvement in arts at the grassroots level and give young people from a disadvantaged background the opportunity to participate in positive artistic activity and explore the possibility of a career in arts.

Blue River has been involved in Friction Art's 3 Minute Heroes Project, which encourages young people to nominate unsung heroes who have inspired the young people personally. The project supports participants' self development by supporting them to think about the characteristics of their personal heroes and how these characteristics make the hero inspiring. Participants in the project also improve their artistic and communication ability by writing, filming or recording three minute stories about their local hero and uploading them online.

This project has supported service users at Blue River to improve their confidence and self esteem and develop skills in teamwork and self awareness.

Friction Arts are confident that Blue River's work will improve outcomes for young disadvantaged people in the West Midlands and we will continue to work with Blue River to ensure the success of their projects.

Please take this letter as formal confirmation of our support for Blue River Support Services.

Yours' Faithfully

Lee Griffiths
Co-Director, Friction Arts